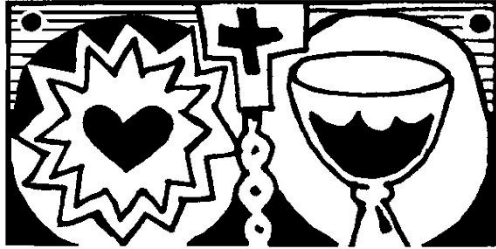


The Most Holy Body and Blood of Christ



Bread for the World *We cannot help but be moved as we sing Franck's Panis Angelicus. But, we cannot help being more strongly moved by the realization that the "bread of angels" is truly the bread given to humans, to us. Jesus gives himself as bread, as Body and Blood. This sustains us, finally and wholly, on this earth.*

COMMENT

The solemn celebration of the Lord's Supper on the evening of Holy Thursday commemorates the institution of the Eucharist, but the context of the three holy days of the Triduum focuses us on the story of the passion, death, and resurrection of Jesus. Today's solemnity of the Body and Blood of Christ invites our return to a full and leisurely reflection on the Eucharist. The actions of taking, blessing, breaking, and giving that constitute every celebration of the Eucharist are patterned on the actions of Jesus at the Last Supper. Today we celebrate his presence with us as "... the living bread, come down from heaven."

One cannot overestimate the importance of the Eucharist in the life of the Church. The Gospels themselves record the story of the multiplication of the loaves and fishes no fewer than six times. John narrates the story in fifteen verses (John 6:1–15) and then devotes the rest of the long sixth chapter to a prolonged reflection on the meaning of the words, "I am the living bread that came down from heaven" (John 6:51). Clearly, the entire sixth chapter expresses a deeply held faith in Jesus as nourishment for the human spirit as necessary as ordinary bread is for the body.

The reality of Jesus as bread for the journey is foreshadowed in the other nourishment story of a people on the way. That people is the Hebrews who spent a forty-year sojourn in the desert. Here was the place of their long education of what it is to be God's own people. Throughout the desert wanderings, the Hebrews learned

and forgot and learned again that God was the source of their life, beginning with their basic physical survival.

One would be hard put to overestimate the importance of food and water to a desert people, not to mention a people who had no knowledge of the desert in the first place. The Hebrews, though enslaved in Egypt, were at least fed there. And doubtless for the worst motive—so that they would be strong enough to slave away another day.

After they were free, they wondered if they had been cut loose in the desert to die. And they would have died in fact, had it not been for God's providence. They partook of a sweet food never known before, which they called manna. This food was their physical sustenance in the wilderness.

The book of Deuteronomy, or "second law," reiterates the story of Israel's exodus and sojourn. Deuteronomy takes the form of a pastoral, a homily. The strange desert is parched and infested, yet God supplies food and water. And that's not even the half of it. The first reading today from Deuteronomy recalls how God fed the people with manna. The book reminds the people that although this abundance of new food was amazing, it was as nothing compared to the word issuing from the mouth of God. This—God's word—is the true bread that sustains the soul.

REFLECTION

Our sharing in the Body and Blood of Christ not only keeps us alive in him, it keeps us together. The bread we break and the cup we share are our participation in his life. Paul reminds us that as the bread is one, we, the many, are also one with Christ and with one another. This communion and union must show in our daily lives, which must manifest our participation in Holy Communion. The feast of the Most Holy Body and Blood of Christ is a good time to remember this.

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AMEN

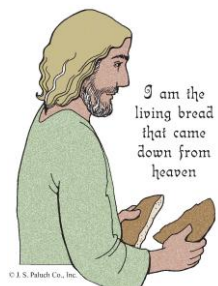
Take a look around the walls of your church. Even if it's only a year or two old, the word "Amen" has resounded off those walls countless times at the conclusion of the Eucharistic Prayer and as the faithful have come forward to receive the Body and Blood of Christ. Today's feast is about those "Amens" offered in faith, offered in times of trouble or doubt, spoken in joy, spoken mindlessly, but all given to God in a multitude of ways. It is our very lives that lie behind our "Amens" and are touched by the presence of Christ, the presence we celebrate today. More importantly, we celebrate the love of Christ for us shown in the sacrifice on Calvary and that he continues to give to us in every celebration of the Eucharist. What can we do but rejoice in that great love, and then go out into the world and live that love in sacrificing for others?

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Saturday, June 6th -

5:00-IHM – Guadalupanas living and deceased

+Gloria Castro, Delia Sparkman, Rudy Torres, Nellie, Dolores, Francisco, Frank, Jr., Velia, Juana, Tony y Patricia Gomez;



7:00 PM St. Albert – For the People of Nolan County

Sunday, June 7th –

8:00AM – IHM – +Cirilo, Victoria y Lucia Chavira; +Daniel Grimaldo; en acción de gracias por el cumpleaños de Gilda Lisset Solis

11:00AM – IHM – In thanksgiving for the birthdays of Marisol Kelley, Emilia Acevedo, Jeff Wilson, Elijah Cerven y Joaquin Madrigal

+Ezequiel, Albina, Delia y Teresa Gonzalez; Rafael y Concha Acevedo

Tuesday, June 9th 9:00AM-HF

For the success of the Cursillo Movement

Wednesday, June 10th 6:00PM - IHM

In thanksgiving for Fr. Josh’s anniversary

Thursday, June 11th 9:00AM-HF

In thanksgiving for Aaliyah Martinez’s birthday

Friday, June 12th 9:00AM – HF

In thanksgiving for Sofia Montealvo’s birthday

Saturday, June 13th -

5:00-IHM – +Belinda Gomez, Tomas & Guadalupe Morales; +Ray T. Reyes; In thanksgiving for Emilia Acevedo’s birthday

Sunday, June 14th –

8:00AM – IHM – Por Grupo Misionero y en acción de gracias por los cumpleaños de Arlene Alvarado, Domingo Castillo y Lupe Medellin; +Martina Herrera; +Christopher Cardoza

11:00AM – IHM – For the People of Nolan County

HOLY SPIRIT CLEANING SCHEDULE

June 13 – Grupo Misionero June 20 – Guadalupanas

PARISHES IN NEED FUND Next weekend, on June 13–14, 2026, our diocese will take up a special collection for assistance to poor parishes and missions in our diocese. This project of the Diocese of San Angelo is an opportunity to express our solidarity with fellow Catholics in West Texas.

It is similar to the collections taken up by St. Paul, where the churches in Greece were pleased to share their material resources with the poorer churches in Jerusalem. Struggling parishes and missions will be able to request assistance from this special fund in situations of serious need, such as urgent facility repairs.

Your generosity ensures that every Catholic in our diocese has a vibrant, safe, and welcoming place to worship and encounter God’s mercy. Please prayerfully consider how you can support our sister parishes and missions this year. Thank you for your shared stewardship and solidarity.

“CORPUS CHRISTI PROCESSION”

Join us for the “Corpus Christi Procession” this Sunday, June 7th. We will start from Holy Family @5:00pm and process to IHM, finishing with a small meal.

TAILGATE ROSARY FOR OUR YOUTH!

*This Sunday – June 7th, 12:45pm-2:00PM
Ages 12-18 here at Holy Spirit Church*

WEDNESDAY – Mass at 6:00pm & Adoration until 8:00pm @IHM. Fr. Josh will be in the church after the Mass. If you need to go to confession, please let him know. He will hear confessions until 8:00pm.

ULTREYA MEETINGS

Monday, June 8th - 7:00pm (*Spanish*) at IHM Hall. All are welcome! You don’t have to be a cursillista to attend. For information on the Cursillo movement, please visit <http://www.sanangelocursillo.com/home.html>

GRUPO MISIONERO - Meets on Thursdays, at 7:00pm at Immaculate Heart Hall

SPANISH MISSION – here in our parish, by the Mejia Family, a dynamic duo from the Diocese of New Mexico, from June 15-19, inviting all to join! More information forthcoming.

May 30/31, 2026 COLLECTION DATA

ENVELOPES/CHECKS.....	\$3,922.25
LOOSE PLATE.....	1,849.38
TOTAL COLLECTION.....	\$5,771.63

Thank you for your generosity

READINGS FOR THE WEEK

- Monday: 1Kgs 17:1-6; Ps 121:1b-8; Mt 5:1-12
- Tuesday: 1Kgs 17:7-16; Ps 4:25, 7b-8; Mt 5:13-16
- Wednesday: 1Kgs 18:20-39; Ps 16:1b-2a, 4-5, 8, 11; Mt 5:17-19
- Thursday: Acts 11:21b-26; 13:1-3; Ps 98:1-6; Mt 5:20-26
- Friday: Dt 7:6-11; Ps 103:1-4, 8, 10; 1 Jn 4:7-16; Mt 11:25-30
- Saturday: 1Kgs 19:19-21; Ps 16:1b-2b, 5, 7-10; Mt 5:33-37
- Sunday: Ex 19:2-6a; Ps 100:1-2, 3, 5; Rom 5:6-11; Mt 9:3 6- 10:8

RAFFLE TICKETS “2026 Jamaica” If you haven’t gotten yours, do so after any of the weekend Masses. **Our Jamaica is on schedule for Sunday, September 27th!**

“Take; this is my body”

—Mark 14:22

The presence of Christ in the Eucharist is real, true, and substantial.

“Jesus awaits us in this sacrament of love.” (St. John Paul II, *Dominicae cenae*, no. 3)



“It is called: Eucharist, because it is an action of thanksgiving to God.”

(CCC, no. 1328)

Eucharist “makes present the one sacrifice of Christ the Savior.” (CCC, no. 1330)
