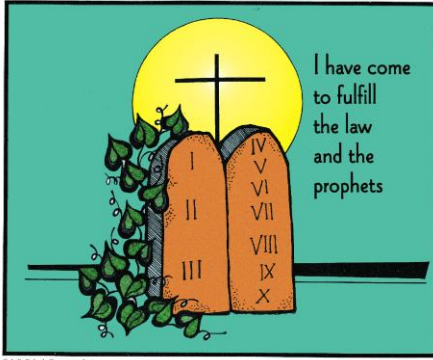


SIXTH SUNDAY IN ORDINARY TIME February 15, 2026



JESUS AND THE LAW

In today's continuation of the Sermon on the Mount, Jesus addresses the relationship between the current interpretation of the law of Moses and his own. He insists that he has come to fulfill, not abolish the law. Jesus is explicit here. He repeats the phrase, "You have heard . . ." with the counterpoint, "But I say . . ." He will not settle for mere avoidance of outright murder or adultery or lying. He goes to the source of murder—hatred, resentment, spite. He insists on chaste living. He overrules the one-sided loopholes that allow men to divorce women, a law based on the view of women as property. He disallows all the means that people employ to play fast and loose with marriage. His words urge mutual fidelity. His listeners and followers are to honor the law wholly and not minimally. The consequences of failure are clear and severe. The smallest are watching. They are those rendered powerless by age or ignorance or circumstance. These little ones depend on the word and action of the mature and knowledgeable, and they are not to be betrayed. Copyright © J. S. Paluch Co.

REFLECTING ON GOD'S WORD

We live in a country where we prize our freedom, cling to our right to choose, and even define our homeland as "the land of the free." Today's scriptures remind us that along with rights come responsibilities. We are to respond to our God who made us and calls us to be a people of the new covenant, ratified by the saving death of God's Son on the cross.

"If you choose you can keep the commandments, they will save you," says Ben Sira (Sirach 15:15). For the Jewish people the law was a blessing and those who chose to keep the law would be blessed with life. That choice is still before us today.

Jesus' teachings reveal his wisdom in understanding the law of the Mosaic covenant. His grasp of what was at the heart of the law can be clearly found in the long form of today's Gospel.

While there is an option for a shorter version, spend some time with the longer reading (Matthew 5:17–37).

We are to live as kin in what has been called the "kin-dom" of God. In a world that justifies preventative strikes, Jesus forbids not only killing but even getting angry and bearing a grudge. He teaches that reconciliation takes priority over worship, that the prohibition against adultery extends even to looking with lust at another, reducing a person to an object for self-gratification. Finally, he asks us not to swear but to speak with simplicity and integrity.

Some might dismiss all this as impossible to achieve. But, as a young virgin was once told: "[N]othing will be impossible for God" (Luke 1:37). —James A. Wallace, C.Ss.R.

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READINGS FOR THE WEEK

Monday: Jas 1:1-11; Ps 119:67-68, 71-72, 75-76; Mk 8:11-13
Tuesday: Jas 1:12-18; Ps 94:12-13a; 14-15, 18-19; Mk 8:14-21
Wednesday: Jl 2:12-18; Ps 51:3-4, 5-6ab, 12-13, 14 and 17; 2Cor 5:20-6:2; Mt 6:1-6, 16-18
Thursday: Dt 30:15-20; Ps 1:1-2, 3, 4 and 6; Lk 9:22-25
Friday: Is 58:1-9a; Ps 51:3-6b, 18-19; Mt 9:14-15
Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sunday: Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 or 5:12, 17-19; Mt 4:1-11

Lenten Regulations on Fasting and Abstinence

Ash Wednesday and Good Friday are obligatory days of both **fast and abstinence from meat**.

When fasting, a person is permitted to eat one full meal per day. Two smaller meals, sufficient to maintain strength, may also be taken according to each one's needs, but together they should not equal a full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices, are allowed. For members of our Latin Catholic Church, the norms on fasting are obligatory from the **18th birthday until the 59th birthday**.

All Fridays of Lent are obligatory days of abstinence from meat.

Abstinence means not eating the meat of warm-blooded animals (such as beef, lamb, chicken, and pork). Fish and all cold-blooded animals may be eaten (such as shrimp, frogs, and clams). All those who have reached their **14th birthday and older are bound by the law of abstinence from meat.**

Abstinence from meat on other Fridays of the year is recommended but not required.

KEEP THE
LORD'S
COMMANDMENTS



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Saturday, February 14th -

5:00PM-IHM – For our seminarian Martin Luna +Belinda Gomez, Tomas & Guadalupe Morales

Sunday, February 15th -

8:00AM – IHM Por Grupo Misionero que Dios los bendiga y aumente su fe; en acción de gracias por los cumpleaños de

Andrea Aguilera, Florentino Saavedra, Jorge Chavez, Carmen Zuniga, Misael Hernandez y Yolanda Rivera; +Sarah Gomez, Eulalio y Sarita Olvera, Ysidro y Elvira Navarrette

9:30AM – HF – For the People of Nolan County

11:00AM – IHM In thanksgiving for the birthdays of OluMaria Falana and Edward Justin Reyes

Tuesday, February 17th 9:00AM - HF

+Leticia Acopa Montejo; for our seminarian Humberto Diaz



**Ash
Wednesday**

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February 18th

9:00AM – HF -In thanksgiving for the birthdays of Dolores Garza, Tomas Acevedo, Nick Kelly, Tobias and Francisco Cerveny +Ezequiel, Albina, Delia y Teresa

Gonzalez; Rafael y Concha Acevedo

12:00 Noon – IHM – Por nuestros seminaristas Cameron Moore y Martin Luna

7:00PM – IHM – In thanksgiving for Ricardo Solis' birthday

Thursday, February 19th 9:00AM-HF

+Grace Melendez

Friday, February 20th 9:00AM HF

For the well-being of Tanis Moreno's family

Saturday, February 21st -

5:00PM-IHM – +Maria Morales Guerrero, Rodolfo Morales, Carlos C, Carlos Sr. and Maria Guerrero; +Gloria Castro, Delia Sparkman, Rudy Torres, Nellie, Dolores, Francisco, Frank, Jr., Velia, Juana, Tony y Patricia Gomez

Sunday, February 22nd -

8:00AM – IHM +Christopher Cardoza; +Richard Ramirez; +Rodrigo De Loera

11:00AM – IHM For the People of Nolan County

RELIGION CLASSES ---

- Sunday Classes 9:30 - 10:40A.M.
- Wednesday Classes 7:00 - 8:30P.M
- OCIA –Thursdays, 6pm at HF Hall, 507 Crane St.

HOLY SPIRIT CLEANING SCHEDULE

Feb. 21 Cursillistas Feb. 28 Finance

.ASH WEDNESDAY - Collection for the Church in Central & Eastern Europe – Your donation to this special collection, helps restore the Church and build the future in more than 25 countries still struggling to recover from former communist rule. Funds from this collection support reconstruction, education, formation, and poverty outreach. Thank you for your generosity to the collection. For more information, please visit www.usccb.org/ccee. iGiveCatholic also accepts funds for this collection if you prefer to donate online (see QR code).

CRS RICE BOWL – This Lent, our community will participate in CRS Rice Bowl-connecting our prayers, fasting and almsgiving to encounter God through our global family. Pick up your Rice Bowl from the ushers this weekend. Then, visit crsricebowl.org/join to share your Lenten prayer intentions.

STATIONS OF THE CROSS - Via Crucis - all Fridays during Lent, 6:00pm @Immaculate Heart.

ULTREYA MEETINGS

Sunday, February 15th - 6:00pm (*English*)

Monday, February 16th - 7:00pm (*Spanish*)

Both at IHM Hall. All are welcome! You don't have to be a cursillista to attend. For information on the Cursillo movement, please visit <http://www.sanangelocursillo.com/home.html>

PARISH MOVIE GROUP – meets Sunday, February 15th, 4pm, Holy Family Hall.

FOOD DRIVE

The parish will be collecting non-perishable food items to donate to one of our local food pantries. You can bring your donations to any of the Masses during the month of February. Let us share what we have with those in need. **God Bless you – Thank you!**

COLECTA DE ALIMENTOS

La parroquia recolectará alimentos no-perecederos para donar a una de nuestras despensas de alimentos locales. Puede traer sus donaciones a cualquiera de las Misas durante el mes de febrero. Compartamos lo que tenemos con los necesitados.

Dios lo Bendiga- Gracias!

February 7/ 8, 2026 COLLECTION DATA

ENVELOPES/CHECKS.....	\$4,705.00
LOOSE PLATE.....	1361.00
TOTAL COLLECTION.....	\$6,066.00

Thank you for your generosity!

FIRST COMMUNION RETREAT –

Saturday, February 21st, – Requirement for 2nd and upper grades and their parents.

The goal of Lent is not to prove how strong you are, but to prove how much you need God's grace.

Food & Drink

1. Sweets and desserts
2. Soda and sugary drinks
3. Alcohol
4. Coffee or caffeine
5. Fast food
6. Snacking between meals
7. Eating out at restaurants
8. Meat on all days (not just Fridays)

Technology & Media

9. Social media (Facebook, Instagram, TikTok, X)
10. TV and streaming services
11. Video games
12. YouTube or internet browsing
13. Using your phone during meals
14. Checking email after work hours
15. Online shopping
16. Listening to secular music

17. Put your phone on grey-scale

Habits & Behaviors

18. Complaining
19. Gossip
20. Criticizing others
21. Sarcasm or negativity
22. Swearing or crude language
23. Interrupting people when they speak
24. Hitting the snooze button
25. Procrastination

Things to Take On

26. Daily prayer (10–15 minutes) (really pray, repeat if distracted)
27. Reading Scripture daily
28. Praying the Rosary
29. Make a Total Consecration to Jesus through Mary
30. Attending daily Mass (or once extra a week)

31. Praying the Stations of the Cross on Fridays
32. Daily acts of kindness
33. Volunteering weekly
34. Writing thank-you notes
35. Calling a family member daily
36. Fasting on Wednesdays and Fridays
37. Giving up your seat or time for others
38. Donating clothes (maybe 40 pieces for the 40 days)
39. Donating money saved from sacrifices to charity
40. Keeping a Lenten journal
41. Going to Confession
42. Spending time in Eucharistic Adoration
43. Practicing gratitude daily
44. Forgiving someone who hurt you
45. Being punctual and respecting others' time

El objetivo de la Cuaresma no es demostrar lo fuerte que eres, sino demostrar cuánto necesitas la gracia de Dios.

Comida y bebida

1. Dulces y postres
2. Refrescos y bebidas azucaradas
3. Alcohol
4. Café o cafeína
5. Comida rápida
6. Picar entre comidas
7. Salir a comer en restaurantes
8. Carne todos los días (no solo los viernes)

Tecnología y Medios

9. Redes sociales (Facebook, Instagram, TikTok, X)
10. Servicios de televisión
11. Videojuegos
12. YouTube o navegación por internet
13. Usar el móvil durante las comidas
14. Revisar el correo electrónico después de trabajo
15. Compras online
16. Escuchar música secular

17. Pon el móvil en escala de grises

Hábitos y comportamientos

18. Chisme
19. Cotilleos
20. Criticar a otros
21. Sarcasmo o negatividad
22. Groserías o lenguaje vulgar
23. Interrumpir a la gente cuando habla
24. Pulsando el botón de posponer
25. Procrastinación

Cosas que afrontar

26. Oración diaria (10–15 minutos) (rezar de verdad, repetir si estás distraído)
27. Lectura de las Escrituras a diario
28. Rezando el Rosario
29. Haz una consagración total a Jesús atreves María
30. Asistir a misa diaria (o una vez extra a la semana)
31. Rezando el Vía Crucis los viernes

32. Actos diarios de bondad
33. Voluntariado semanal
34. Escribir notas de agradecimiento
35. Llamar a un familiar a diario
36. Ayuno los miércoles y viernes
37. Ceder tu asiento o tiempo a otros
38. Donando ropa (quizá 40 piezas durante los 40 días)
39. Donando dinero ahorrado de sacrificios a la caridad
40. Llevar un diario de Cuaresma
41. Ir a confesarse
42. Dedicar tiempo a la Adoración Eucarística
43. Practicar la gratitud a diario
44. Perdonar a alguien que te hizo daño
45. Ser puntual y respetar el tiempo de los demás